

## Claymont Society for Continuous Education

Summer Seminar

July 18-21, 2019

# Living in Unity



The experience of unity resounds at every stage of the spiritual path. With body awareness and sensation, unity comes in the form of wholeness. Various practices engaging our attention unify that core of who we are. Consciousness opens us to the unity of the seamless, boundless, silent awareness that includes everything in our immediate experience. The inclusion of all that we are opens us to presence, unified in our I. Entering the sacred realms, we enter the one, boundless and all-pervasive light. Love springs as the essence of the global unity that embraces all, including us. The ultimate unity of the divine will that creates and sustains this wondrous universe touches our very core, without intermediary. And throughout our way, sharing the path with our spiritual sisters and brothers opens us to the unity in community.

In this seminar, we will engage in spiritual practices that support us in moving toward the experience of unity in all its forms. With the remarkably effective inner exercises, meditations, and Gurdjieff movements of the Fourth Way, in addition to practices adapted from other traditions, we will pursue the deepening of our spiritual life.

Can we live our daily life in unity?

The seminar will be facilitated by Joseph Naft. He is the author of [www.innerfrontier.org](http://www.innerfrontier.org) and of six books, most recently **The Way of Presence: Tools and Strategies**. He studied with John Bennett at Sherborne, England in 1974.

The seminar will begin with dinner at 6:30 pm on Thursday July 18 and end after lunch on Sunday July 21. All activities will be at the Barn.

You are cordially invited to join us in our work and exploration.

Suggested donation for the weekend is \$225 if you are staying overnight at Claymont and \$135 if you are not staying overnight. However, do not let the cost prevent you from coming, financial assistance is available.

For more information and to register please contact the registrar, Amy Silver, at [Claymontgathering@hotmail.com](mailto:Claymontgathering@hotmail.com).